

# Trainingszeiten bzw. Übungsstunden - Traglufthalle Winter 2026/2027

gültig ab 03.10.2026

**Lb** Längsbahn Sportbecken (10 Stück)  
**Qb** Querbahn Sportbecken (20 Stück)  
**Nsb** Nichtschwimmerbereich

| Uhrzeit     | Montag 12:00-19:00 |      |      | Dienstag 6:45-19:00 |      |      | Mittwoch 14:00-19:00 |      |      | Donnerstag 14:00-21:00 |      |      | Freitag 6:45-18:00 |      |      | Samstag 9:00-17:00 |      |      |
|-------------|--------------------|------|------|---------------------|------|------|----------------------|------|------|------------------------|------|------|--------------------|------|------|--------------------|------|------|
|             | Verein             | Anz. | Bahn | Verein              | Anz. | Bahn | Verein               | Anz. | Bahn | Verein                 | Anz. | Bahn | Verein             | Anz. | Bahn | Verein             | Anz. | Bahn |
| 9.00-9.30   |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | SCN                | 2    | Lb   |
| 9.30-10.00  |                    |      |      | STB Gymn.           |      | Nsb  |                      |      |      |                        |      |      | STB Gymn.          |      | Nsb  | SCN                | 2    | Lb   |
| 10.00-10.30 |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | SCN                | 2    | Lb   |
|             |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | SCN                |      | Nsb  |
| 10.30-11.00 |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | SCN                | 2    | Lb   |
|             |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | SCN                |      | Nsb  |
| 11.00-11.30 |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | SCN                | 2    | Lb   |
|             |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | DLRG NW            | 2    | Lb   |
| 11.30-12.00 |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | SCN                | 2    | Lb   |
|             |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | DLRG NW            | 2    | Lb   |
| 12.00-12.30 |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | SCN                | 2    | Lb   |
|             |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | DLRG NW            | 2    | Lb   |
| 12.30-13.00 |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | SCN                | 2    | Lb   |
|             |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | DLRG NW            | 2    | Lb   |
| 13.00-13.30 |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      |                    |      |      |
|             |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | DLRG NW            | 2    | Lb   |
| 13.30-14.00 |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | DLRG NW            | 2    | Lb   |
|             |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | DLRG NW            | 2    | Lb   |
| 14.00-14.30 | ISC                | 1    | Lb   | ISC                 | 1    | Lb   |                      |      |      |                        |      |      |                    |      |      | DLRG NW            | 2    | Lb   |
|             |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      |                    |      |      |
| 14.30-15.00 | ISC                | 1    | Lb   | ISC                 | 1    | Lb   |                      |      |      |                        |      |      |                    |      |      | DLRG NW            | 2    | Lb   |
|             |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | Team MPowe         | 1    | Lb   |
| 15.00-15.30 | STB Schw.Kurs      | 1    | Lb   | STB Schw.Kurs       | 1    | Lb   | STB Schw.Kurs        | 1    | Lb   |                        |      |      |                    |      |      | DLRG NW            | 2    | Lb   |
|             | ISC                | 1    | Lb   | ISC                 | 1    | Lb   |                      |      |      |                        |      |      |                    |      |      | Team MPowe         | 1    | Lb   |
| 15.30-16.00 | STB Schw.Kurs      |      | Nsb  | STB Schw.Kurs       |      | Nsb  | STB Schw.Kurs        |      | Nsb  | STB Schw.Kurs          |      | Nsb  |                    |      |      | DLRG NW            | 2    | Lb   |
|             | ISC                | 1    | Lb   | ISC                 | 1    | Lb   |                      |      |      |                        |      |      |                    |      |      | Team MPowe         | 1    | Lb   |
| 16.00-16.30 |                    |      |      |                     |      |      |                      |      |      |                        |      |      | SCN                | 1    | Nsb  | LCO Edenk          | 2    | Lb   |
|             |                    |      |      |                     |      |      |                      |      |      |                        |      |      |                    |      |      | TV Edenk           | 1    | Lb   |
| 16.30-17.00 | SCN                | 4    | Lb   | SCN                 | 4    | Lb   | SCN                  | 2    | Lb   | SCN                    | 4    | Lb   | SCN                | 2    | Lb   | LCO Edenk          | 2    | Lb   |
|             |                    |      |      |                     |      |      | TV MU                | 2    | Lb   |                        |      |      | TV MU              | 1    | Lb   | TV Edenk           | 1    | Lb   |
| 17.00-17.30 |                    |      |      |                     |      |      |                      |      |      |                        |      |      | SCN                | 1    | Nsb  |                    |      |      |
|             | SCN                | 4    | Lb   | SCN                 | 4    | Lb   | SCN                  | 2    | Lb   | SCN                    | 4    | Lb   | SCN                | 2    | Lb   | SCN                | 14   | Qb   |
| 17.30-18.00 |                    |      |      |                     |      |      | TV MU                | 2    | Lb   |                        |      |      | TV MU              | 1    | Lb   | DLRG MU            | 2    | Nsb  |
|             |                    |      |      |                     |      |      |                      |      |      |                        |      |      | SCN                | 1    | Nsb  | DLRG MU            | 2    | Qb   |
| 18.00-18.30 | SCN                | 4    | Lb   | SCN                 | 4    | Lb   | SCN                  | 2    | Lb   | SCN                    | 4    | Lb   | SCN                | 2    | Lb   | SCN                | 14   | Qb   |
|             |                    |      |      |                     |      |      | TV MU                | 2    | Lb   |                        |      |      | TV MU              | 1    | Lb   | DLRG MU            | 2    | Nsb  |
| 18.30-19.00 | DLRG NW            | 2    | Lb   | SCN                 | 4    | Lb   | DLRG NW              | 4    | Lb   | SCN                    | 4    | Lb   | SCN                | 10   | Lb   | DLRG MU            | 2    | Qb   |
|             | SV Deidesh         | 1    | Lb   |                     |      |      |                      |      |      |                        |      |      |                    |      |      |                    |      |      |
| 19.00-19.30 | TV MU              | 1    | Lb   |                     |      |      | STB Jogging          | 1    | Lb   | STB Bike               |      | Nsb  |                    |      |      |                    |      |      |
|             | DLRG NW            | 2    | Lb   | SCN                 | 4    | Lb   | DLRG NW              | 4    | Lb   | SCN                    | 4    | Lb   | SCN                | 10   | Lb   | SCN                | 20   | Qb   |
| 19.30-20.00 | SV Deidesh         | 1    | Lb   |                     |      |      | STB Jogging          | 1    | Lb   | STB Bike               |      | Nsb  |                    |      |      |                    |      |      |
|             | TV MU              | 1    | Lb   |                     |      |      |                      |      |      |                        |      |      |                    |      |      |                    |      |      |
| 20.00-20.30 | SCN                | 10   | Lb   | SCN                 | 3    | Lb   | SCN                  | 12   | Qb   | SCN                    | 2    | Lb   | SCN                | 10   | Lb   | SCN                | 20   | Qb   |
|             |                    |      |      | DLRG NW             | 2    | Lb   | DLRG NW              | 6    | Qb   | DLRG NW                | 1    | Lb   |                    |      |      |                    |      |      |
| 20.30-21.00 |                    |      |      | TV MU               | 3    | Lb   | DLRG MU              | 2    | Qb   | TV MU                  | 1    | Lb   |                    |      |      |                    |      |      |
|             |                    |      |      | Nautilus            | 2    | Lb   |                      |      |      | STB Bike               |      | Nsb  |                    |      |      |                    |      |      |
| 21.00-21.30 | SCN                | 10   | Lb   | SCN                 | 3    | Lb   | SCN                  | 12   | Qb   | SCN                    | 2    | Lb   | SCN                | 10   | Lb   | SCN                | 20   | Qb   |
|             |                    |      |      | DLRG NW             | 2    | Lb   | DLRG NW              | 6    | Qb   | DLRG NW                | 1    | Lb   |                    |      |      |                    |      |      |
| 21.30-22.00 |                    |      |      | TV MU               | 3    | Lb   | DLRG MU              | 2    | Qb   | TV MU                  | 1    | Lb   |                    |      |      |                    |      |      |
|             |                    |      |      | Nautilus            | 2    | Lb   |                      |      |      | Stadionbad             |      | Nsb  |                    |      |      |                    |      |      |

STADIONBAD GmbH  
Neustadt an der Weinstraße

Unterschrift